



THE PORT ADELAIDE FOOTBALL CLUB INVITES YOU TO BE INVOLVED IN OUR ADF VETERANS PROGRAM

Drawing on the similarities of transitioning from high-performing environments, ex and current AFL players and ADF veterans come together to re-identify a sense of purpose and community connection.

Delivered Monday nights over a six week period.

The program will commence on
 **MONDAY APRIL 28**
Starting at 5:45pm-7:00pm

 **THE PRECINCT**
9 Queen St, Alberton

The program is **FREE** with dinner provided after each session.
Wear comfortable clothes for optional AFL skills session after each presentation.
There will be an opportunity to attend AFL games throughout the program.



WEEK 1:

Identity & Purpose with **Travis Boak** and
Club Mindset **Coach Dave Steventon**



WEEK 3:

Building Community
Connections



WEEK 5:

Transition & Next Steps with
Tom Logan & Alipate Carlile



WEEK 2:

Benefits of Physical Health
& Wellbeing with **Brett Ebert**



WEEK 4:

Value-Based Goal Setting &
Identity with **Dr Dan Pronk**



WEEK 6:

Leadership & Values with
Tom Jonas & Adam Thomson

To register email wnortheast@pafc.com.au and include your size for an exclusive program polo



POWER COMMUNITY
LIMITED

Major Partner

Veterans SA

Program Partner

DEWC
— SERVICES —